



Blood, Sweat and Gears

Newsletter of the National Governing Body for Mountain Bike Orienteering.

bmbo.org.uk

November 2025

Dear BMBO Rider,

The clocks have gone back; the weather has taken a turn for the worse and the season has come to an end. It is that time to reflect on the year past and look forward the next. Let us celebrate some success!

National MBO Score League 2025

A new set of champions have been crowned. The league concluded at the NYMBO event from Cracoe on the 25th October after 43 hard fought rounds across the country.

Congratulations to Lakes MBO rider, Tom Gibbs who has retained the trophy for the fourth consecutive year. However, it is a new name on the Women's trophy this year. In a close fought battle that was not decided until the final event it was Beth Perrou of Black Mountains MBO who took the honours ahead of Angela Brand-Barker, Lakes MBO.

Here is a list of the class winners of 2025.

M21 Edwyn Oliver-Evans NYMBO

M40 Si Gittings BMMBO

M50/Overall Tom Gibbs LakesMBO

M60 Ian Cartwright SLOW

M70 Steve Willis NYMBO

W40 Fiona Wright LakesMBO

W50/Overall Beth Perrou BMMBO

W60 Angela Brand-Barker LakesMBO

W70 Karen Blackburn NYMBO

Mixed Pair David Cowgill & Claire Riley LakesMBO/NYMBO

U20 Oliver Dencher BMMBO

Generation Team Rob & Jim Sanderson BMMBO

MEBike Michael Rackham SLOW

WEBike Sheila Pearce MMBO

British MTBO Championship and League

At the end of the summer Wimbourne Orienteers put on a very successful British Championship series. This was also a round of the World Masters MTBO series and attracted many top riders from the continent.

In the Women's races Janine Inman was totally dominate and retained the Sprint, Middle and Long course trophies. Meanwhile Alistair Powell spoilt the party for Tom Davies by taking Middle distance race and preventing a clean sweep.

The weekend was also the culmination of the National MTBO League. With 8 events ranging from the far North of Scotland to the southern coast of England all producing some top-quality competition.

Congratulations go to Charlotte Somers Cocks and Andy Conn who are the 2025 Overall Champions. The full league tables for both the MBO Score and MTBO can be viewed on the Results League Tab on the left-hand side of the BMBO Home page.

Well done to all who took part in the wide range of events on offer this year and I hope that you all won your own personal challenges.

Looking forward

It that time of arm twisting as area coordinators are seeking organisers to plan events for the coming season. If you have enjoyed the events this year it is now your opportunity to make a valuable and well appreciated contribution to the sport by offering to plan an event. I am sure that the coordinators would love to hear from you. The calendar is already starting to fill, and we look forward to another great season in 2026.

Highlight of 2026 will be the **World Masters MTBO Championship** in Moray, Scotland. This is the first time that the Championship have ever been held in Britain and will attract riders from around the world. However, the event is open to **ALL** riders no matter what your ability. It will provide a fantastic opportunity to ride with the best in the world and on some of the finest terrain in Britain. The first bulletin is now available. Visit <https://mtbo2026.org> for further details.

BMBO Annual General Meeting

This year the meeting will be held on-line on Monday 24th November.

This is your chance to influence the direction of BMBO by joining in and sharing your thoughts.

The following is a summary of the issues that have been proposed this year and whilst all members are welcome to join in and discuss, only Full members will be able to vote.

- **Proposal** - To create M80 & W80 classes for MBO Score and MTBO events – Proposed Karen Blackburn
- **Proposal** - Newsletter – The newsletter is infrequent. It should be produced on a regular basis and made freely available to all. Proposed Mike Hayward
(BMBO is currently seeking a volunteer to produce a newsletter and would welcome offers)
- **Proposal**- No rider shall receive bonus for completing a course before the time limit. If more than one rider achieves the same feat, then the winning maximum score may be tied between more than one competitor. – Proposed Mike Hayward
- **Proposal**- Membership Renewals – All lapsed members should be deleted from the records after end Jan (say). – Proposed Jeff Mew.
- **Proposal**- To have contact name of event organiser/contact without phone/details displayed on the Event details page, to help new people get information. – Proposed Jeff Mew.

The full agenda will appear as an Event flyer in the AGM Event details on the BMBO calendar. Members are encouraged to sign up for the AGM via the BMBO calendar. A link to the meeting will be sent to those members prior to the meeting.

Tony Brand-Barker
BMBO Chairperson